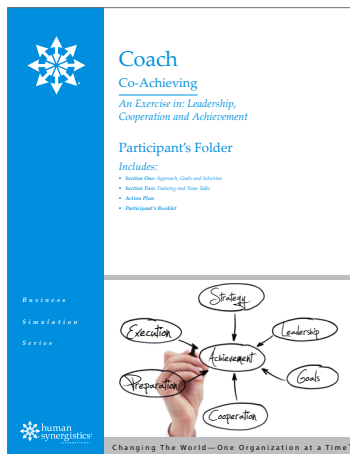


Coach

Co-Achieving

An exercise in leadership, cooperation, and achievement.



Designed to teach leaders how to apply Achievement-oriented thinking to coach others effectively and improve performance, Coach — Co-Achieving is a unique team exercise that highlights the assumptions, values, beliefs, and attitudes underlying the motivation of individuals and teams.

GOAL:

For participants to explore their assumptions about motivation and achievement and, in turn, to gain knowledge and skills essential to successfully managing people.

This session is designed to assess participants' values and beliefs rather than their abilities, and is specifically for leaders and managers.

- Recognize the impact of different types of motivational forces on individual and team performance.
- Identify and develop an Achievement orientation. Achievement-oriented thinking and behavioral styles are significant factors contributing to the effectiveness of leaders at all levels.
- Increase awareness of the assumptions that are made when motivating individuals and teams. Changing perceptions and values requires more than just rational understanding of theoretical concepts.
- Gain new insights regarding decisions and behaviors as well as their impact on others.

Coach Workshop - \$5,000

Includes facilitation of session as well as materials for up to 15.

Individual coaching for participants is available upon request from a Human Synergistics accredited consultant

**Travel expenses for facilitator not included. Expenses will be charged at cost.*

Also included: Life Styles Inventory™ (LSI 1).

LSI 1 (self-description): The individual self-assesses his/her thinking styles, personal effectiveness, and satisfaction at work and home.

Overview of session agenda utilizing *Coach* and the *Life Styles Inventory* (LSI 1).



- Introductions & Purpose of Workshop
- Discuss Teams and Individuals
- Complete *Coach* Individual & Team Rankings
- Complete *Life Styles Inventory* (LSI)
- Review the LSI Circumplex
- Score *Coach* Exercise
- Score the LSI 1
- Complete & Discuss LSI Results
- Debrief *Coach* & LSI
- Workshop Conclusion